Press Release

**Invitation to the Autism Nutrition Research Center**

You are invited to check out four special features of the new Autism Nutrition Research Center website at [www.autismnrc.org](http://www.autismnrc.org):

1) **See our Top 10 Nutrition Recommendations for ASD**

2) **Evaluate your individual nutritional status with our new Nutrition Assessment**

3) **Consider a trial of ANRC Essentials**, a comprehensive vitamin/mineral supplement designed to meet the nutritional needs of children and adults with autism/Asperger’s/ASD. It was created by Prof. James Adams based on an improved version used in a previous published research study, and is now available to families (special discount for online orders at [www.autismnrc.org](http://www.autismnrc.org)).

4) **Learn answers to Frequently Asked Questions on nutritional supplements.**

**The Autism Nutrition Research Center is a non-profit dedicated to:**

- Researching new dietary and nutritional supports for ASD
- Providing expert information and advice on nutritional issues.
- Producing high quality nutritional supplements and providing them **heavily discounted** to families.

ANRC is led by James B. Adams, Ph.D., (director of the Autism/Asperger’s Research Program at Arizona State University and father of a daughter with autism), and a Nutritional/Medical Advisory Board of experts who have participated in major research studies of nutrition status and treatment in children and adults with ASD.

For more information, see [www.autismnrc.org](http://www.autismnrc.org) or call (623) 975-9000.

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