

Parent Testimonials for ANRC Essentials

“I have triplet boys 5 years old, they are taking ANRC essentials for 3 months and I'm seeing some improvements overall with behaviors and speech. One of my boys is having a huge improvement in speech and doing really good since taking ANRC.

I hope to see more improvements soon and all this is exciting.”

A Parent from Idaho

“I was so excited when I came upon your product. My daughter has high functioning autism and is 11 years old. We have been doing therapies and started supplements, etc. when she was 3 years old (and some before that age). I previously used ***** for a few years ...and they worked great! It was like a medication - calming yet energetic. Then she hit puberty and things begin to change - darn! I knew it was coming! We had to take her off the supplements as she was very emotional when on them. But when she was not on them, she would not redirect and things upset her very easily! Anyway, I started researching supplements again and decided to try ANRC - my husband said you better make a decision tonight! :-). We did - We worked our way up to 3 tsp 3 X per day and that was too much (too anxious) and we are now at 2 tsp 3 X per day. She is doing great! I notice when we forget to take them. When she is on ANRC she seems to redirect more easily and is calmer. We are still working through the kinks (having skin breakouts and not sure if it is the supplement or other issues regarding puberty??). Anyway, we are very happy with the product and see a big difference when she is on the supplement. I highly recommend them. Thank you!!!”

A parent from Texas

“My son is doing very well on the vitamins. A little difficulty swallowing sometimes but he gets them down.

Right away we noticed increase in behaviors. He was smiling and giggling all the time. We went from daily temper tantrums to 3 in the past month. His bowels seem to be more regulated. He has better focus and attention at school. He is staying on the green light for behaviors at school which is amazing. We are keeping our fingers crossed that his grades start to slowly creep up. Academically he is 2 years behind his peers and we are hoping to close that gap.

I have already referred your product to a friend with a son who's autism and behaviors are much worse than my sons. I am hoping she also sees the same great benefits.

Thank you!”

A Parent from Maryland

“My son Shane has been on this product now for many months, I have to say without a doubt that Shane’s social skills has improved tremendously! He even notices the changes! I will never stop using this supplement and I am extremely grateful to you and your team for all you have done for us.
Thank you from the bottom of my heart!!!”

A Parent from Arizona

“Dr. Adams, My 17 yo son has been on the supplement since November or around there. Since January, we have noticed that his language and "presence" in real life has increased quite a bit. At first I thought it was just our interventions (which we have been doing for years) but then I remembered the supplement. Since we have not had previous success in supplementation/diet intervention, I didn't expect much. I really believe this supplement is responsible for the wonderful increase in "presence", language and overall maturity. Thank you, and please keep this supplement in supply, I do not ever want to run out!!!”

A Parent from Arizona

“Thank you for creating the supplements that actually are built for kids with Autism. I certainly notice the improvement when it comes to speech and communication skills. My son also performs much better at school. His scores on the IEP over the past 5 months certainly improved. He started to write his letters, he started to read or memorize certain words. He knows how to spell his name and he actually can say his name – this has never happened before. Tristan attends ABA every day after school and I looked for a very long time for supplements and doctors - specialist to help me figure out what else we can possibly do to help my son to be more aware and successful. Having a child with autism is a journey and parents have to play detectives in order to help the kids. Thank you for giving us a chance that there is a hope and the light at the end of the tunnel. “

A parent from Virginia

“I see a difference in my 12 year old's executive functioning skills and learning in school.

Thanks!”

A Parent from California

"My son Will, who was diagnosed with severe Autism at the age of 3, was in Dr. Adam's vitamin/mineral study. At the time he was non-verbal, but two weeks into the study he began to speak. I knew something was working! After the study, we were able to start him on those supplements in the study full-time, and he continued to show improvements in many areas. His body showed such a positive response to what the supplements were and, in combination with the path of gut healing we had taken, as he got older he was able to be released from all therapies, attend and be mainstreamed in an accelerated public school *without* Resource/SPED/IEP help, and he had his Autism diagnosis professionally/medically removed. Today, he functions as a typical teenager. Autism recovery is possible! I'm am so thankful to God for Dr. Adams who has been monumental in his research and help to kids with Autism and Autism families! It is definitely making a difference!"

Trina M.

(Captain of Team IRON WILL)

My son has been using ANRC for over a year now. We are really happy with his progress. He has calmed down a lot, and his receptive language has improved. Thank you so much. We really appreciate your work.
A parent from GA



Autism Nutrition Research Center

Tel: 888-385-5532 → www.autismnrc.org → info@autismnrc.org